

Washington Little League District 2  
presents

*Developing Champions in Sports and Life*  
*Youth Sport Issues/Challenges*

A Sport Psychology Workshop with  
Dr. Frank Smoll  
University of Washington

March 15, 2015  
1:45 p.m. sign-in, 2:00-3:30 p.m. workshop  
North Kitsap Community Auditorium  
1881 NE Hostmark St.  
Poulsbo, WA 98370

**Developing Champions** is a follow-up to the **Mastery Approach to Coaching**. The workshop includes (a) a review of the major coaching principles comprising the **Mastery Approach**, and (b) group discussion and problem-solving relative to challenges faced by coaches. If you've attended a **Mastery Approach** workshop, you are strongly encouraged to participate again. But previous attendance is not a prerequisite for this year's program.

*What Does the Developing Champions Workshop Include?*

During a workshop, **Mastery Approach** coaching guidelines are reviewed with the aid of animated PowerPoint slides. The principles are contained in a printed manual that coaches receive. In addition, a variety of **Youth Sport Issues/Challenges** are covered, including the following:

- Should kids ever be cut? What should you do if you must cut a youngster?
- What should you do if an athlete wants to quit?
- What is the major conflict between coaches and parents? How can it be avoided or resolved?
- What are some rules for parent behavior at games?
- What should you do about parents who violate the rules of conduct?
- How should you deal with a tough loss or losing streak?
- How should you deal with a winning streak?
- What is bullying and how can you combat it?
- What can you do to ensure that your own family responsibilities are not neglected?